

# COUNTRY VIEW NEWS

Monthly Newsletter



## WELCOME

**by Maggie**

Spring seems to have arrived at last with the garden full of daffodils and tulips along with lambs being born in the nearby field.

The polytunnel is full of sprouting seeds to fill the hanging baskets as well as the many flowerbeds with plants. Joseph is also growing herbs and vegetables for the kitchen.

To give us a constant supply of natural water, we are installing some large tanks behind the garage to collect rain water off the guttering. This can then be used for the garden during the (hopefully) warm summer months.

The refurbishment of the Old House continues. The communal areas are nearing completion with the new carpet to follow. The window replacements will start next week in the Blue Room and Old House Room 7, we will aim to keep disruption to a minimum.

A big thank you to our volunteers Suzanne & Sally who help us. Their invaluable help enables us to offer additional activities to our residents. Wishing you all a very Happy Easter.

**In this newsletter:**

**Maggie's Round-Up**

**Activities Update**

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# ACTIVITIES UPDATE

Dementia Sings Out Group continues to be a hit with our residents and we hope to arrange some more outings as the year progresses.

Every Tuesday morning from 10am, we have started a relax and massage session. The lights are dimmed and soft relaxing music is played. The residents appeared very relaxed with some residents commenting “Tuesday’s pamper sessions make me feel good”, “Tuesday mornings are calm with a relaxing massage”. These are captured on our appreciation board - do take a look next time you visit and why not add your own comments.

We had some four-legged visitors this month to the home! See the photos below which captures the enjoyment for our residents. Next month sees the start of the gardening sessions with Joseph - there’s even talk of a sunflower competition!



## Staff News

Congratulations to Maz who has been promoted to Deputy Manager.

Maz has been with us for 18 months and is currently studying for her NVQ Level 4

